



To Listen to the play back of the call follow this link:

<https://myhealthplan.webex.com/myhealthplan/ldr.php?RCID=f569bae24614423a5b9f0def41942c06>

AGENDA

- Welcome and Introduction
- Resource Sharing – Winter Cycling Congress Recap
- Walkable Communities Engagement Toolkit:
 - Chris Kartheiser
- State Policy
- Announcements
- Open Space

RESOURCE SHARING – WCC RECAP



<http://calgaryherald.com/news/traffic/five-things-we-can-learn-from-minneapolis-about-winter-bike-friendliness>

Confidential and Proprietary

3

To shake things up we are going to start our calls a little differently and open with an opportunity to share an interesting or helpful new resource. It can be local, regional national. Technical or soft skills. If you thought it was interesting, odds are other will as well.

Add notes:

RESOURCE SHARING – WCC RECAP

- Story about Pedal Power at Pillsbury Elementary School:

<http://www.kare11.com/life/family/kids-who-kare/pillsbury-pedal-power-leads-by-example/44310423>

Relevance of planning for winter...useful link:

<http://saferoutespartnership.org/blog/let-it-snow-ways-help-walking-winter-months>

Slow Roll Detroit:

<https://www.youtube.com/watch?v=Y831ZjMZSis>

The power of creating experience and the power of just going on a bike ride.

Confidential and proprietary.

4

To shake things up we are going to start our calls a little differently and open with an opportunity to share an interesting or helpful new resource. It can be local, regional national. Technical or soft skills. If you thought it was interesting, odds are other will as well.

On other Comment: Maren attended Active Living Research (held in sunny Florida). Keynote brought up the term TAB (Temporarily Abled Person) which describes all of us that do not live with a disability but may at some time.

AGENDA

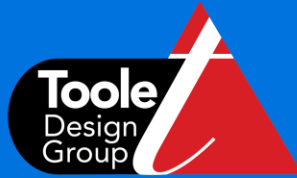
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Walkable Communities Engagement Toolkit

Safe Routes Network Call



Statewide Pedestrian System Plan















COMMUNITY ENGAGEMENT PLAN

» Community Event Toolkit

IT IS IMPORTANT THAT I AM ABLE TO WALK TO...

1. Review the destinations on the list and think about the top three most important destinations for you to be able to walk to.
 2. Rank your three most important destinations: #1, #2, and #3, using the most important walking destination.
 3. Rank any additional walking destinations that are important to you, please rank them down in the space under "Other Destinations".

Home	Pharmacy	School	Place of Worship	Grocery Store	Entertainment	Post Office	Restaurant/Cafe	Job
								
1								
2								
3								
Other								

Library	Bank	Friends	Community Center	Park	Police	Fire	Health Center	Other (Specify)
								
1								
2								
3								
Other								

WHICH PICTURE LOOKS THE MOST LIKE WHERE YOU LIVE?

1. Choose the picture that most closely matches your neighborhood.
 2. If you have a hard time choosing, think about the following questions:
 a. How many people live in your neighborhood?
 b. How many people live in your neighborhood?
 c. How many people live in your neighborhood?

Picture	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				
																				



Two Activities (and a Third for the kids)



















- **Activity #1 – Priority destinations**
- **Activity #2 – What are the barriers to walking and what gets people walking**
- **Activity #3 – For the kids!**

Activity #1

IT IS IMPORTANT THAT I AM ABLE TO WALK TO....

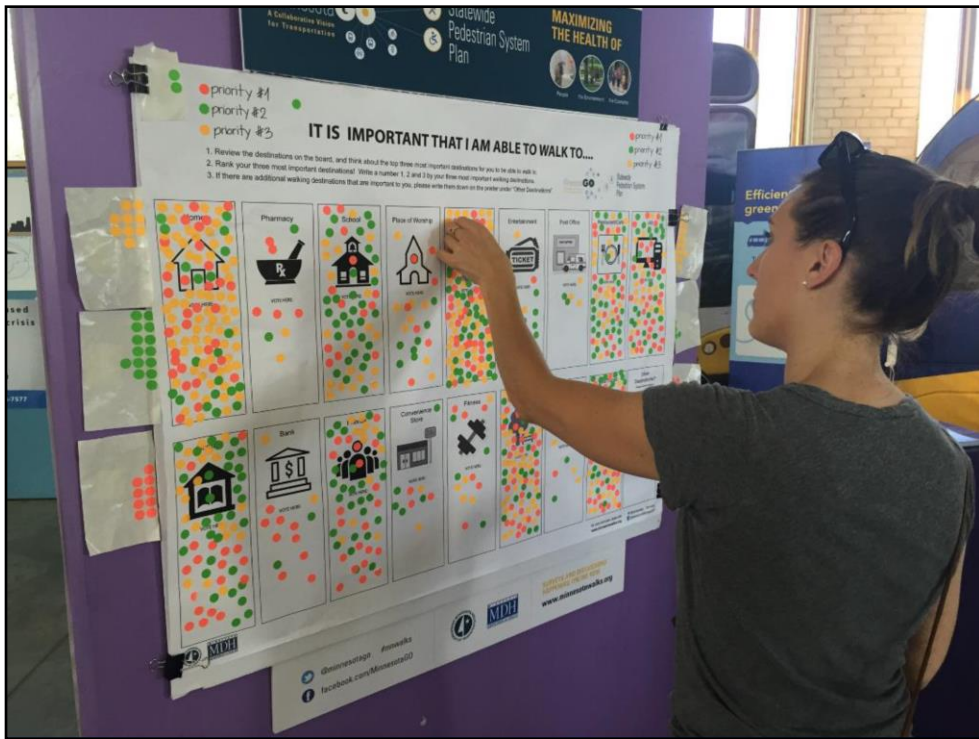
1. Review the destinations on the board, and think about the top three most important destinations for you to be able to walk to.
2. Rank your three most important destinations! Write a number 1, 2 and 3 by your three most important walking destinations.
3. If there are additional walking destinations that are important to you, please write them down on the poster under "Other Destinations".



 HOME VOTE HERE:	 PHARMACY VOTE HERE:	 SCHOOL VOTE HERE:	 PLACE OF WORSHIP VOTE HERE:	 GROCERY STORE VOTE HERE:	 ENTERTAINMENT VOTE HERE:	 POST OFFICE VOTE HERE:	 RESTAURANT/CAFÉ VOTE HERE:	 JOB VOTE HERE:
 LIBRARY VOTE HERE:	 BANK VOTE HERE:	 FRIENDS VOTE HERE:	 CONVENIENCE STORE VOTE HERE:	 FITNESS VOTE HERE:	 PARK VOTE HERE:	 DOCTOR VOTE HERE:	 BUS/TRANSIT VOTE HERE:	 OTHER DESTINATIONS? Please write them below!



For more information, please visit:
www.minnesotawalks.org
 @minnesotago @minnesota GO



Works for events as big as the State Fair and as small as a meeting with the city council

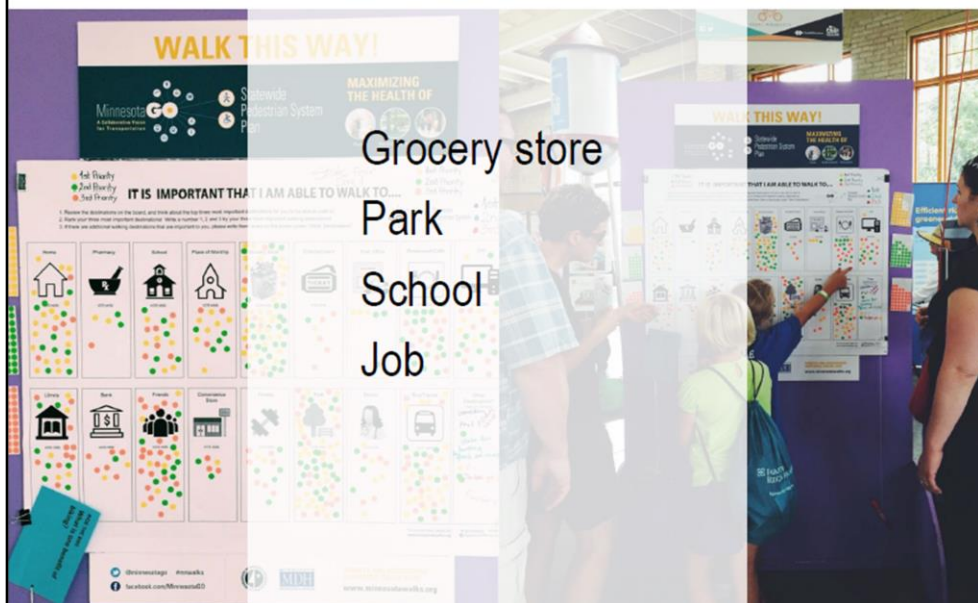
Set-up Instructions

1. Print the Activity #1 PDF.
2. Cut out all of the destination icons
3. Tape (or glue) each icon to the foam core board (see example image).
4. Paste the title on the top of the foam core.
The title should read: "It is important that I am able to walk to...."
5. If you are going to an event, cut out many sheets of sticky dots, with 3 dots on each sheet. This will make it easy to hand out 3 dots to each participant.
6. Label the dots on each sheet 1, 2, and 3. This allows participants to prioritize their top destinations.

** Alternatively to 5 and 6 (especially if this board will be un-staffed), you could print the instructions for the top of the board and place a marker next to the board so people could write 1, 2, and 3 next to their top three destinations. Below is an example of this activity board at a recent event.



Activity #1: It is important that I am able to walk to...



Activity #2

WHICH PICTURE LOOKS THE MOST LIKE WHERE YOU LIVE?

- Find the picture that looks the most like where you live, then vote for that image in the column to the right.
- In the two tables next to that picture, mark up to five characteristics from each of the two categories:
 - What about your community makes walking **safe, convenient, and desirable**?
 - What about your community makes walking **unsafe, inconvenient, and undesirable**?
- If a characteristic is not listed in the table, please write it in the space provided at the bottom of the table.



	VOTE HERE ↓	What about your community makes walking safe, convenient, and desirable ?	What about your community makes walking unsafe, inconvenient, and undesirable ?																																																																																								
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First time we did this at open streets in Minneapolis using post-it notes. We clustered those answers and created this list to simplify the process, leaving a space for 'other' if needed.

WHICH PICTURE LOOKS THE MOST DESIRABLE?

1



What about your community makes walking **safe, convenient, and desirable**?
Please check all that apply:

Tree canopy	<input checked="" type="checkbox"/>
Other people walking	<input checked="" type="checkbox"/>
Good street & tree canopy in winter	<input checked="" type="checkbox"/>
Public art	<input checked="" type="checkbox"/>
Shade	<input checked="" type="checkbox"/>
Fast car speed/poor driver behavior	<input checked="" type="checkbox"/>
Many car/bike lanes	<input checked="" type="checkbox"/>
Good sidewalks	<input checked="" type="checkbox"/>
Good walk distance to destinations	<input checked="" type="checkbox"/>
Good street crossings and pedestrian signals	<input checked="" type="checkbox"/>
Good street & sidewalk lighting	<input checked="" type="checkbox"/>
Wide space between cars and sidewalks	<input checked="" type="checkbox"/>
Landscaping/green space	<input checked="" type="checkbox"/>
Many destinations/businesses	<input checked="" type="checkbox"/>
Route and light rail access	<input checked="" type="checkbox"/>

Others? Please write in: Like it!

What about your community makes walking **unsafe, inconvenient, and undesirable**?
Please check all that apply:

Lack of tree canopy	<input checked="" type="checkbox"/>
Lack of other people walking	<input checked="" type="checkbox"/>
Overgrown sidewalks in winter	<input checked="" type="checkbox"/>
Lack of public art	<input checked="" type="checkbox"/>
Lack of shade	<input checked="" type="checkbox"/>
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Good street & sidewalk lighting	<input checked="" type="checkbox"/>
Wide space between cars and sidewalks	<input checked="" type="checkbox"/>
Landscaping/green space	<input checked="" type="checkbox"/>
Lack of destinations/businesses	<input checked="" type="checkbox"/>
Convenient in community	<input checked="" type="checkbox"/>

Others? Please write in:

2



What about your community makes walking **safe, convenient, and desirable**?
Please check all that apply:

Tree canopy	<input checked="" type="checkbox"/>
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Others? Please write in:

What about your community makes walking **unsafe, inconvenient, and undesirable**?
Please check all that apply:

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Wide space between cars and sidewalks	<input checked="" type="checkbox"/>
Landscaping/green space	<input checked="" type="checkbox"/>
Lack of destinations/businesses	<input checked="" type="checkbox"/>
Convenient in community	<input checked="" type="checkbox"/>

Others? Please write in:

3



What about your community makes walking **safe, convenient, and desirable**?
Please check all that apply:

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Others? Please write in:

What about your community makes walking **unsafe, inconvenient, and undesirable**?
Please check all that apply:

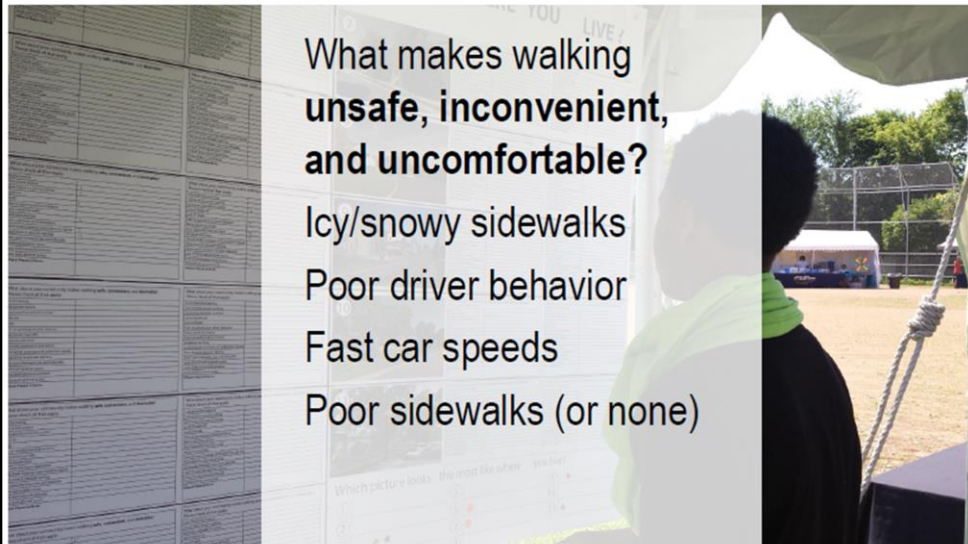
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Landscaping/green space	<input checked="" type="checkbox"/>
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Convenient in community	<input checked="" type="checkbox"/>

Others? Please write in:



This is the image that did not appear in the webinar.

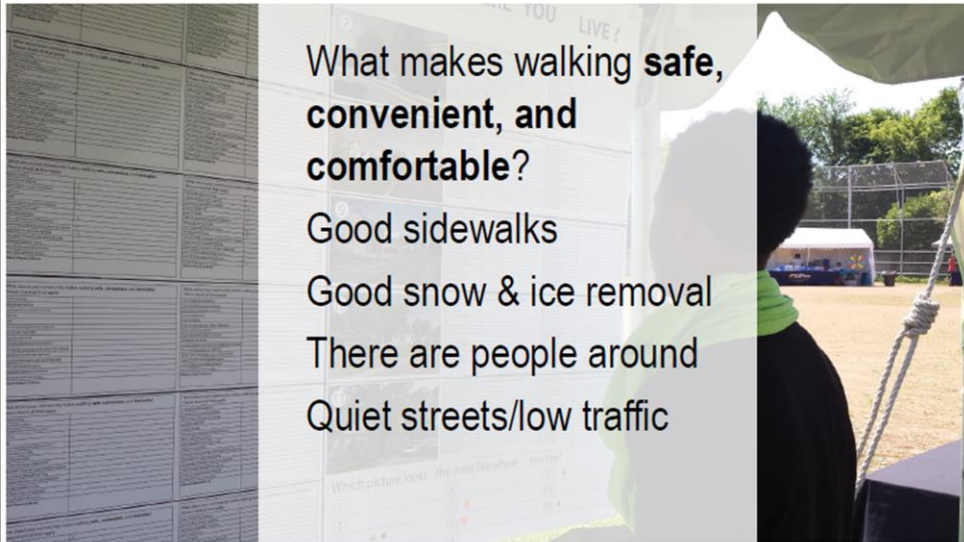
Activity #2 – Hey, that looks like my street!



What makes walking
**unsafe, inconvenient,
and uncomfortable?**

- Icy/snowy sidewalks
- Poor driver behavior
- Fast car speeds
- Poor sidewalks (or none)

Activity #2 – Hey, that looks like my street!

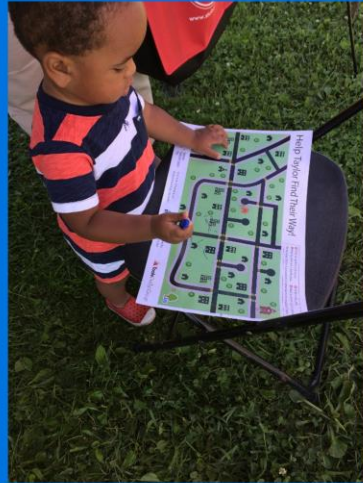


What makes walking **safe, convenient, and comfortable?**

- Good sidewalks
- Good snow & ice removal
- There are people around
- Quiet streets/low traffic

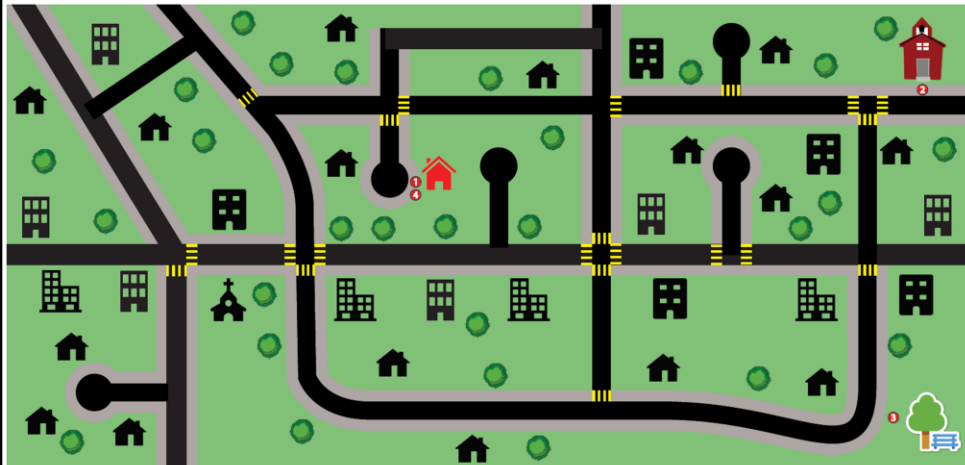
Children's activity

- Fun activity to entertain kids while their parents are participating
- Find your way to destinations
- Share information to parents



Help Taylor Find Their Way!

- 1 Start at Taylor's red house.
 - 2 Walk to the red schoolhouse.
 - 3 Walk to the park.
 - 4 Walk back to Taylor's red house.
- Remember, Taylor must walk on a sidewalk or crosswalk at all times!*



Find more information at:
www.minnesotago.org/walks

[@minnesotago](https://twitter.com/minnesotago) #mnwalks
facebook.com/MinnesotaGO

Some lessons learned

- See how much space you will have beforehand
- Prizes are great!
- Directional flow of traffic
- Have a good attention grabber
- Keep shift-time reasonable
- Schedule overlap in shift times
- Peak event hours

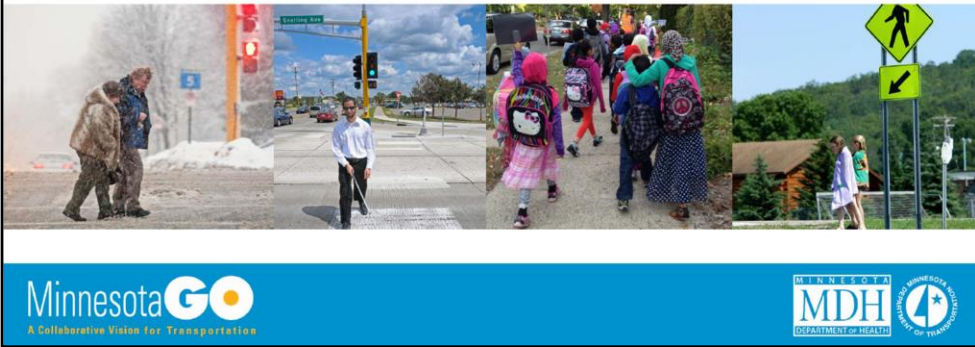
Meet the people where they are

- **Provides opportunity to engage underserved communities**
- **Gives more people access to the planning process**
- **Less intimidating than other forms of engagement**

Some communities may not trust government because of past relations – i.e. American Indians were taken from their homes and families and stripped of their customs, African-American communities and communities of color have been oppressed by governments in many ways, such as the destruction of the Rondo neighborhood to make room for the highway – so because of this we have to be aware of how we give opportunities for engagement. Holding an open house at city hall will attract a certain crowd, but by meeting people where they are we can start to hear from communities that are not as likely to be heard in other forms of engagement.

Priority Populations

- American Indian
- Children and Youth
- Low Income Urban
- Older Adults
- People with Disabilities
- Small Rural Communities



Explain our strategy with the pedestrian plan, trying to reach communities that face the most inequities and are generally less engaged in conversations about community planning. Meet people where they are at.



Amy Nystuen out of Wright County

Accessing the toolkit

- <http://minnesotawalks.org/>
- Click on the Community Toolkit tab



Questions?

Chris Kartheiser

Active Living Planner

Office of Statewide Health Improvement Initiatives

Physical Activity Unit

651-201-3660

Chris.Kartheiser@state.mn.us

AGENDA

- Welcome and Introduction
- Resource Sharing – Winter Cycling Congress Recap
- Walkable Communities Engagement Toolkit:
 - Chris Kartheiser
- State Policy
- Announcements
- Open Space

2016 DAYS ON THE HILL

- Transportation Forward: Tuesday April 5,
 - Progress in Motion (Wed March 16)
- Healthy Kids Coalition: Wednesday March 16
 - See notes about SRTS bonding below
- MN Bike Summit (Bike MN): March 30

<http://www.bikemn.org/component/events/event/225>

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SRTS BONDING:

- MnDOT included funding, however it did not make it into the Governors proposal.
- Healthy Kids Coalition has secured a sponsor in the House, Rep Howe.

We know it is difficult to attend even one day on the Hill. Please share the information to your interested partners or stakeholders. Also, there may be in district meetings that are more convenient. Stay tuned.

ANNOUNCEMENTS

- Active Places Demonstration Project Funding
 - Deadline March 4, 2016
 - <http://www.centerforpreventionmn.com/our-approach/how-we-work/funding-initiatives/available-funding>

ANNOUNCEMENTS



SRTS National Conference April 5- 7, 2016

<http://saferoutesconference.org/>

Next Call: Thursday March 24; 10:00 – 11:00AM

Changed from March 17

Jennifer Pellitier will present her findings from the evaluation of the MN SRTS initiative.

2016 MEETINGS



2016 Meeting Dates:

~~January 21~~

~~February 18~~

March 17 ~~Changed to March 24~~

~~April 21?~~

May 19

June 16

July 21

~~August 18~~

September 15

October 20 (Confirm MEA)

November 17

December 15

Call Time: 10:00 – 11:00AM

Call In: 1-866-635-8513

Code: 6516622192



THANK YOU.

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